

Be Strong, But How?

Joshua 1:6 (ESV) — (6) Be strong and courageous, for you shall cause this people to inherit the land that I swore to their fathers to give them.

Deuteronomy 31:6 (ESV) — (6) Be strong and courageous. Do not fear or be in dread of them, for it is the Lord your God who goes with you. He will not leave you or forsake you.”

Ephesians 6:10–13 (ESV) — (10) Finally, be strong in the Lord and in the strength of his might. **(11)** Put on the whole armor of God, that you may be able to stand against the schemes of the devil. **(12)** For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. **(13)** Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm.

I) When We Willfully Rely Upon Him for Strength

2 Corinthians 12:9–10 (ESV) — (9) But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me. **(10)** For the sake of Christ, then, I am content with weaknesses, insults, hardships, persecutions, and calamities. For when I am weak, then I am strong. **Philippians 4:13 (NLT) — (13)** For I can do everything through Christ, who gives me strength.

II) When We Wait For The Lord To Strengthen You

Isaiah 40:31 (NLT) — (31) But those who trust in the Lord will find new strength. They will soar high on wings like eagles. They will run and not grow weary. They will walk and not faint.

Deuteronomy 33:27 (NLT) — (27) The eternal God is your refuge, and his everlasting arms are under you. He drives out the enemy before you; he cries out, ‘Destroy them!’

Proverbs 3:5–6 (NLT) — (5) Trust in the LORD with all your heart; do not depend on your own understanding. **(6)** Seek his will in all you do, and he will show you which path to take.

III) When We Allow The Work Of The Holy Spirit In Us Give Us Strength

Ephesians 3:16 (ESV) — (16) that according to the riches of his glory he may grant you to be strengthened with power through his Spirit in your inner being,

IV) When We Allow The Wonder of God's Grace To Work In Us

2 Timothy 2:1 (ESV) — (1) You then, my child, be strengthened by the grace that is in Christ Jesus,

V) When We Take Hold Of God's Power And Not Fear

Joshua 1:9 (NLT) — (9) This is my command—be strong and courageous! Do not be afraid or discouraged. For the Lord your God is with you wherever you go.”

VI) When We Are Standing On Our Faith We Will Be Strong

Romans 4:20 (NLT) — (20) Abraham never wavered in believing God's promise. In fact, his faith grew stronger, and in this he brought glory to God.

1 Peter 5:8 (ESV) — (8) Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour.

Be strong in the Lord. Notice that He is our source of strength. Our strength is not found in muscles, money, popularity, intelligence, scheming, deception, or reasoning. It is found in the Lord.

Psalm 28:7 (ESV) — (7) The Lord is my strength and my shield; in him my heart trusts, and I am helped; my heart exults, and with my song I give thanks to him.